

2016 Virginia State Firefighters Conference Training Programs
 August 17-20, 2016
 Hampton Roads Convention Center

Classes Title	Hours	Instructor	Day of offering	Time	Class Description	School Number
NFA - Leadership I	16	VDFP Instructors	Wed/Thur	8-5	This two-day course presents the Company Officer (CO) with the basic leadership skills and tools needed to perform effectively in the fire service environment. The course includes techniques and approaches to problem-solving, ways to identify and assess the needs of the CO's subordinates, methods for running meetings effectively in the fire service environment, and decision-making skills for the CO.	511-17001
Basic Pump Operator	16	VDFP Instructors	Wed/Thur	8-5	The Virginia Department of Fire Programs' Basic Pump Operations training program consists of 4 hours of classroom instruction and 12 hours of practical evolutions. The Virginia Department of Fire Programs' Basic Pump Operations training program educates students through classroom instruction as well as hands on practical evolutions. The classroom instruction and props are designed to prepare the firefighter for basic pump operations. To ensure Basic Pump Operations students meet the Virginia Department of Fire Programs program expectations, students must complete a written quiz administered by VDFP and complete the program's practical exercises.	511-17002

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HTR - Vehicle, Level I	16	VDFP Instructors	Wed/Thur	8-5	This program meets or exceeds the requirements for NFPA 1006 Standards for Technical Rescuer Professional Qualification, Chapter 10, Level 1. The students will learn to perform at the Operations Level as specified in NFPA 1670, Standards on Operations and Training for Technical Search and Rescue Incidents, Chapter 8. This 16 hour program includes classroom and practical training in Common passenger vehicle anatomy, systematic approach to vehicle rescue incidents, common passenger vehicle stabilization, incident hazard isolation, access and egress of common passenger vehicles, disentanglement of victims, the packaging and removal of victims for a common passenger vehicle, and operating as a member of a rescue team and directing rescue operations.	571-17016
Machinery Rescue	8	VDFP Instructors	Wed	8-5	Students will learn to think outside the box when dealing with rescue situations involving machinery.	571-17017
Machinery Rescue	8	VDFP Instructors	Thurs	8-4:30	Students will learn to think outside the box when dealing with rescue situations involving machinery.	571-17018
Chief Officer 101	16	VDFP/VSFA/VFCA Instructors	Thurs/Fri	8-4:30	16 hour program to provide Chief Officers with needed information about the roles and responsibilities of the Chief Fire Officer in the Commonwealth. The curriculum will cover the all political and administrative challenges new fire chiefs will routinely encounter. This new training program was developed through a partnership between the Virginia Department of Fire Programs, Virginia Fire Chiefs Association and the Virginia State Firefighters Association.	511-17003
NFPA 1031 Con-Ed Hours	8	VFMA Instructors	Wed	8-4:30	VFMA Academy will provide Continuing Education hours for those members that need them for their inspection requirement	581-17
NFPA 1033 Con-Ed Hours	8	VFMA Instructors	Thurs	8-4:30	VFMA Academy will provide Continuing Education hours for those members that need them for their investigation requirement.	581-17

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Active Shooter for the First Responder	8	Various Instructors	Fri	8-4:30	This class will go into detail of the new policies brought forth by the Department of Homeland Security and the International Association of Fire Chiefs. The class will bring to light the do's and don'ts of responses to active shooter incidents. The program will go through the steps to build an active shooter program for your department. Guest speakers from Virginia Tech shootings, that include both law enforcement and victims, will be in attendance. SWAT teams from several jurisdictions will do an interactive practical to show responders the warm zone extraction of patients during a situation. This evolution will need full cooperation from the audience, as weapons will be used during this exercise that includes critical movements throughout the building. Fire departments working on implementing a plan currently. Will be attending as well as passing on best practices and answering questions. Designing "GO BAGS" instead of carrying unnecessary equipment for quick extractions will be discussed and displayed.	511-17004
Small Unmanned Aerial Systems - Operations for Public Agencies	8		Wed	8-4:30	At the end of this training, agency members should be able to safety and effectively integrate sUAS into their operations. The agency will have the information it needs to pursue its own sUAS purchase and to get its authorization.	513-17005
VSP Clandestine Drug Labs	8	VSP	Thurs	8-4:30		511-17006
NFFF - Courage to be safe	4	Lt. Sidney Lucas	Thurs	1-4:30	This course is a provocative and moving presentation by National Fallen Firefighters Foundation through the Everyone Goes Home program that is designed to change the culture of accepting the loss of firefighters as a normal occurrence.	513-17007

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NVFC - Make Me A Firefighter Recruitment and Retention Workshop	4	Chief Jeff Cash	Thurs	1-4:30	Many departments across the nation are struggling to find and keep volunteer members. Volunteer firefighters make up 69 percent of the nation's fire service, yet the number of volunteers has declined by about 12 percent since 1984. In addition, the average age of the volunteer fire service is increasing as departments are finding it difficult to reach millennial's - those within the 18-34 age range. The NVFC developed a national campaign called Make Me A Firefighter to assist departments in conducting a successful recruitment program. This workshop will provide an overview of the recruitment landscape and examine ways to overcome barriers.	513-17008
Community Risk Reduction	4	VDFP Instructors	Thurs	8-12	This program will lead the participates to think outside the box on how we engage in Community Risk Reduction. Throughout our career we engage in training and responses when we should more effort in identify the risk that exist in each of our communities and develop strategies to engage both the fire service and the community in elimination of those risk.	511-17009
Money Matters	4	Chief T.C. Hairston	Thurs	1-4:30	This workshop will teach you how to identify dead money and make it live, create a guaranteed lifetime income, reach your financial goals 30% quicker, achieve peace of mind and financial security (even if you start late) and invest like the wealthy where you participate in market gains but are guaranteed to never lose when the market drops. The question is: are you or will you be ready for retirement?	513-17010
Fireground Safety and Health Begins with You	4	Scott Cain	Thurs	1-4:30	This program will help the participates understand the importance of staying healthy, eating properly, exercising regularly for the job we do. Too often we see in house medical emergencies arise because we are so busy taking care of everyone else. We forget to take care of ourselves. Safety is rule 1. This class will present a mixture of how our bad health can lead to increased injuries and accidents on and off the fire ground.	513-17011

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Chain Saw Operations & Maintenance for the First Responder	8	Stihl Corporation	Thurs	8-4:30	An in depth look at the operation and maintenance of the saws that Stihl manufacturing has to offer the fire service. Students will be bused to the Stihl plant in Virginia Beach and spend the day working with sawing, cutting, repairing and maintaining saws. There will be a tour of the plant and lunch provided. Safety glasses and gloves will be required for the class	513-17012
Volunteer/Combination Departments Best Practices - Panel Discussion	4	Various Fire Service Leaders	Fri	8-12	This panel discussion will include leaders in well managed organizations that will lead the audience through a series of topic discussions that are designed to give the participates some suggestions for improvement	511-17013
"It's all about the numbers" Nutrition in the Fire Service	4	Senior Firefighter Jason Brahm	Fri	1-4:30	More than 70% of domestic firefighters are overweight or obese, a rate slightly higher than the general population, according to a recent study from the Centers for Disease Control and Prevention. The fire service is losing on an average of 50 firefighters every year in the line of duty from cardiovascular issues. This program will break down the "why" we as a fire service have to make a change and reduce these preventable deaths with proper nutritional intake and making better lifestyle choices to obtain a healthy and fit lifestyle within the fire service.	513-17014
Who needs studies when you have LODD's	4	Captain Tony Carroll	Fri	1-4:30	The fire service has seen several "scientific" studies produced over the last few years. These studies are questioning some of the tactics we have used for many years. There are some in the service who refuse to acknowledge the results of these studies. Well, you don't have to rely on these scientists to show us that fires are more dangerous. You can look at the sacrifices of our brothers and sisters. This class will examine 3 LODD's and relate lessons learned to some of the "new" information gathered from the recent studies. This is a great way to honor these firefighters who made the ultimate sacrifice....learn.	513-17015

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Leadership Exemplified - How to Lead Ourselves So We May Lead Others	4	Lt. John Dixon	Fri	8-12	This course is designed to help define and identify true leadership. The goal is to recognize characteristics and traits that everyone can utilize in their professional and personal lives. Through group discussions and real life situations the students will evaluate their own set of core values and examine leadership qualities that they already possess to become effective leaders	513-17016
Fire Service Hierarchy of Needs	4	Lt. John Dixon	Fri	1-4:30	Leading the modern fire service requires a unique set of skills. The first step towards understanding how we as firefighters and fire officers can become better servant leaders is to identify our personal and professional needs, develop action plans in order to achieve them, constantly evaluate our progress and ultimately become the leader that others need.	513-17017
Mentoring in the Fire Service	4	Chief T.C. Hairston	Fri	8-12	Mentoring is the process of sharing experience and expertise to assist someone in their personal and professional growth. Research indicates that compared to their peers, mentored personnel perform better on the job, advance more rapidly, and report more job satisfaction. A successful mentoring relationship can have far-reaching benefits for both the mentor and the mentee. Join us as we discuss the "Characteristics of a Quality Mentor", the "Key Elements to Good Mentoring" and "Suggestions for the Quality Mentoring Program".	513-17018
Incident Command - Fireground Vision	4	District Chief Dennis Keane	Fri	1-4:30	The course will review the essential aspects of fine tuning the Incident Commanders responsibilities and expectations. The objective will be to enhance the awareness/importance of a strong Command presence and its impact on a successful fireground operations	513-17019

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Response to Aviation Accidents for the First Responders	2	Division Chief Tom Phalen	Fri	8-10	<p>This program is designed to provide emergency response personnel who may be the first to arrive on the scene of an aviation incident or accident the fundamental knowledge and skills to insure a positive outcome.</p> <p>The base program consists of a lecture/field trip program designed for all types of first responders (Fire/EMS, LEO, etc.). The program is designed to introduce first responders to the aviation industry in Virginia. This includes data on the size and scope of the aviation industry and infrastructure in Virginia. The program also includes a section combining actual Virginia aviation accident and incident case studies with an emphasis on what first responders can expect to encounter. Responders will also learn the basic of aircraft anatomy, construction, and potential dangers. Additionally, responders will also learn about possible agencies and organizations that may be a part of an aviation accident or incident.</p>	511-17020
Response to Aviation Accidents for the First Responders	2	Division Chief Tom Phalen	Fri	3-5	<p>This program is designed to provide emergency response personnel who may be the first to arrive on the scene of an aviation incident or accident the fundamental knowledge and skills to insure a positive outcome.</p> <p>The base program consists of a lecture/field trip program designed for all types of first responders (Fire/EMS, LEO, etc.). The program is designed to introduce first responders to the aviation industry in Virginia. This includes data on the size and scope of the aviation industry and infrastructure in Virginia. The program also includes a section combining actual Virginia aviation accident and incident case studies with an emphasis on what first responders can expect to encounter. Responders will also learn the basic of aircraft anatomy, construction, and potential dangers. Additionally, responders will also learn about possible agencies and organizations that may be a part of an aviation accident or incident.</p>	511-17021
Having that Difficult Conversation	4	Battalion Chief Tim McKay	Fri	1-4:30		511-17022

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VFIS - Emergency Driving Overview	1.5	Bill Niehenke	Fri	1-2:30	This program will be an overview of VFIS 16 hour Emergency Vehicle Driver Training Program. It will consist of a slide presentation with class interaction touching upon all aspects of the emergency driver.	513-17023
EMT-B Continuing Educational Topics	8		Fri/Sat	8-4:30		511-17024
NFFF - Leadership, Accountability, Culture, Knowledge (LACK)	4	Lt. Sidney Lucas	Sat	8-12	Is your department on the path to a LODD? This compelling presentation by the National Fallen Firefighter Foundation examines the root causes of LODD's and the role of Leadership, Accountability, Culture and Knowledge as it influences the end result. Many fire departments across the United States "LACK the Right Stuff" to prevent them from being on the path to a line of duty death.	513-17025
NFFF-Stress First Aid	4	Lt. Sidney Lucas	Sat	1-4:30	Stress First Aid is a flexible set of tools used to care for stress reactions in firefighters and rescue personnel. Unlike other acute stress management procedures, SFA was designed specifically to support firefighters and rescue personnel. SFA is a toolkit that emphasizes the importance of continuously monitoring the stress of fire and rescue personnel and to quickly recognize and appropriately help individuals who are reacting to stress and are in need of interventions to promote healing	513-17026
Estimating the stretch: The Long and Short of Engine Work	4	Senior Firefighter Kiel Samsing	Sat	8-12	The class involves explaining the rules and three basic methods that are taught to help firefighters determine how much hose is needed. These methods are a result of experience, tips from senior firefighters, and information from Andy Fredericks and the U.S.M.C.. These rules will guide students step by step through proper hose stretch estimation starting from the inside of the fire building and working back to the Engine.	511-17027

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NFPA Standards - What do they mean	4	Division Chief David Jolly	Sat	8-12	You every wonder how the NFPA Standards play a part in our training and testing of the professional competencies? This workshop will give the participates the understanding of those standard in developing training and testing programs. Armed with this knowledge you will leave understanding how to present and take training as well as prepare for the examination.	511-17028
Lessons from the Mouse	4	Chief Allen Baldwin	Sat	8-12	An out of the box look on some everyday basics that can make us all better. What basics can we as the fire service learn from Disney Operations! Pride, Tradition, Commitment, Technology, Customer Service, Vision and appearance will all be discussed.	513-17029
Training and Movie Night - Leadership 101	4	Chief Allen Baldwin	Sat	1-4:30	Using some popular movies as a station drill to help develop leadership skills and qualities while having a little fun in the station. What movies to use, what learning process to use and how to bring it all together will be presented.	513-17030
Response to Aviation Accidents for the First Responders	4	Division Chief Tom Phalen	Sat	8-12	<p>This program is designed to provide emergency response personnel who may be the first to arrive on the scene of an aviation incident or accident the fundamental knowledge and skills to insure a positive outcome.</p> <p>The base program consists of a lecture/field trip program designed for all types of first responders (Fire/EMS, LEO, etc.). The program is designed to introduce first responders to the aviation industry in Virginia. This includes data on the size and scope of the aviation industry and infrastructure in Virginia. The program also includes a section combining actual Virginia aviation accident and incident case studies with an emphasis on what first responders can expect to encounter. Responders will also learn the basic of aircraft anatomy, construction, and potential dangers. Additionally, responders will also learn about possible agencies and organizations that may be a part of an aviation accident or incident.</p>	511-17031

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Search and Rescue Overview	2	Bob Allen	Fri	8-10	This session will overview the work of those that work as part of the VDEM ground search teams	513-17032
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