# Virginia State Firefighters Association 2018 Conference

# **Training Programs**

Wednesday, August 1, 2018 through Saturday, August 4, 2018

Hampton Convention Center Hampton, Virginia





## 132nd VSFA Annual Conference/Expo Information

The 132nd Annual Conference/Expo will be held in Hampton, VA, August 1-4, 2018 at the Hampton Roads Convention Center. Registration fees for the Conference/Expo will be \$50.00 for adults, \$10.00 for children ages 6 - 12, and under 6 will be free.

The one time registration fee will allow you not only to attend the many functions and events being conducted at the conference but unlimited training program attendance. Please take advantage of the opportunity and sign up for multiple programs as your schedule will allow.

To attend any of the training programs you must register with the Virginia State Firefighters Association by completing the form on line at <a href="http://vsfa.org/news-events/conference/">http://vsfa.org/news-events/conference/</a> and submitting it to the Virginia State Fire- fighters Association and sign up for the training programs you wish to attend.

To register for the training programs you either need to register on line at <a href="https://www.fstrs.virginia.gov">https://www.fstrs.virginia.gov</a> if you have an account with the Department of Fire Programs or submit your application to the Department of Fire Programs, Quality Assurance Division by faxing the completed form to (804) 371-3444. You can find the course registration form on the Department of Fire Programs website at:

https://www.vafire.com/content/uploads/2016/10/VDFPStudentApplicationfillable.pdf

Questions regarding registration can be directed either to:

Larry Gwaltney at (757) 810-8335 or e-mail: <a href="mailto:lsgwaltney@cox.net">lsgwaltney@cox.net</a>

or

David Jolly at (804) 249-1970 or email: david.jolly@vdfp.virginia.gov

We look forward to seeing everyone at the conference in Hampton.

## VSFA 2018 Conference Training Programs - August 1-4, 2018

VDFP - Rope Technician (Wed-Sat/8-4:30) 32 Hours

**Presenter: VDFP HTR Instructors** 

School No: 571-19028

This is a four-day course that is based on NFPA 1006: Standard for Technical Rescue Personnel Professional Qualifications. The course is designed for those persons who respond to incidents involving the application of special knowledge, skills, and equipment to safely resolve unique or complex rescue situations. The course covers operations in a high angle environment including rescue of a suspended victim, serving as a litter tender, and construction/operation of a high line system.

NFA – Leadership in Supervision: Creating Environments for Professional Growth (Wed & Thurs/8:30-12) 16 Hours

Presenter: VDFP Instructors School No: 511-19016

This two-day course presents the supervisory with the basic leadership skills and tools needed to perform effectively in the fire service environment. The course includes concepts related to a successful transition to supervisory and leadership roles, including concepts of adaptive leadership; change management; active followership; effective communication, including difficult conversations and advocacy-inquiry based dialogue; ethics; authority; power; decision-making; and active engagement through development of a personal plan.

NFPA 1033 Con-Ed Hours (Fri/8-4:30) 8 Hours

**Presenter: VFMA Instructors** 

School No: 581-19005

VFMA Academy will provide Continuing Education hours for those members that need them for their investigator requirement.

NFPA 1031 Con-Ed Hours (Wed & Thurs/8-4:30) 16 Hours

**Presenter: VFMA Instructors** 

School No: 581-19004

VFMA Academy will provide Continuing Education hours for those members that need them for their inspection requirement.

**Incident Investigation** (Thurs/8-10) 2 Hours

**Presenter: William Niehenike - VFIS** 

School No: 513-19001

Each year, events occur that impact emergency service organizations and the general public. VFIS believes that many of these incidents can be reduced. One of the best tools that enable us to reduce these events is the investigation of all incidents that occur, regardless of whether a death, injury or serious property damage was the result. It is the investigation, and specifically within the information gathered during incident investigations, that we may find the solutions to many of the problems that cause a loss.

VDFP – Firefighter I & II Train the Trainer (Thurs/8-12) 4 Hours

Presenter: VDFP Instructors School No: 511-19019

This class is being delivered to assist instructors who have completed their instructor certification classes and wish to be approved to teach the Firefighter programs for the agency.

Taking Action Against Cancer (Wed/10:30-4:30) 6 Hours Presenter: Steve Weissman School No: 513-18003

This class is designed to raise awareness of the problem of cancer that we face in the fire service. You will also be presented with tips and techniques to reduce the risk of Firefighter Cancer. There are large amounts of data and scientific evidence to show the increase in risk to firefighters

Firefighter Rehab

(Thurs/10:30-12:00) 1.5 Hours Presenter: William Niehenike

School No: 513-19002

The leading cause of firefighter line-of-duty death is cardiac events. Over-exertion, dehydration, and improper physical conditioning are all contributory. A comprehensive rehabilitation plan is a key element to ensure responder safety, recognizing potentially lethal symptoms early. The incident commander, company officers, firefighters, EMS and other rehab personnel must work together to prevent firefighter injury and death through an aggressive comprehensive rehabilitation plan. Collaboration before, during, and after a fire or other incident is vital.

## VSFA 2018 Conference Training Programs - August 1-4, 2018

#### **Test & Skill Administration**

(Thurs/1-4:30) 3.5 Hours Presenter: VDFP Instructors School No: 511-19020

This class is designed to provide instructors on how testing is done in compliance with NFPA-1000 Accreditation requirements. This is a required program for any instructor who wishes to assist in the administration of either written or skills testing.

#### **Are You Ready For the Firefighter Cardiac Arrest?**

(Thurs/3-4:30) 1.5 Hours Presenter: Robert Owens School No: 513-19013

It is widely known in the fire service and in the world that the number 1 killer of persons are medical emergencies, most specifically cardio vascular emergencies. This class focuses on prevention, cardiovascular care, rehab/ post incident recognition, and the associated resources (manpower, tools, equipment, etc.) involved.

# Airboats in the Fire Service (Thurs/1-4:30) 3.5 Hours

**Presenter: Joe Breeden & Others** 

School No: 513-19021

This class provides a comprehensive overview on Airboats and how they fit into special operations and can support routine operations. Airboats are relatively inexpensive pieces of equipment that can provide unique capabilities. This is a piece of equipment that can be used anywhere throughout the Commonwealth and isn't just for coastal areas.

#### As a class we would cover:

- Why an airboat for my department?- No matter
- what part of the Commonwealth you are in, an airboat can be beneficial
- Types of equipment- Airboats come in multiple configurations, which will work best for your needs.
- Real world examples throughout the country- airboats have been used at nearly every major disaster involving flooding and multiple disasters involving mud, snow, ice

Real world examples throughout the country- airboats have been used at nearly every major disaster involving flooding and multiple disasters involving mud, snow, ice.

- Training- What training is needed to be an operator
- Capabilities and limitations- while they are fantastic tools, airboats do have limitations(even though they are few)
- Airboat DEMO (weather & emergency calls permitting

# VDFP Live Fire Instructor Program (NFPA 1403) (Fri & Sat/8-4:30) 16 Hours

Presenter: VDFP School No: 511-19018

This program is the update to the VDFP Live Fire Policy and NFPA-1403 Standard. All instructors that are going to be involved with live fire training should attend this program.

#### HTR - Machinery Rescue (Fri & Sat/8-4:30) 16 Hours Presenter: VDFP HTR Intructors

School No: 571-19027

Students will learn to think outside the box when dealing with rescue situations involving machinery.

## VAVRS - Farm Machinery (Fri & Sat/8-4:30 16 Hours

**Presenter: VAVRS Instructors** 

School No: 513-19015

This course was developed in cooperation with the VAVRS and the Virginia Tech Agricultural Engineering Department. The course stresses safe and proper techniques of handling agricultural accidents. The course includes information and training on: • Machinery upsets

- · Victims caught within large machinery
- · Grain bin entrapments
- · Exposure to toxic gases
- · Agricultural chemicals and pesticides

The course does include classroom and practical work.

# NFA – Leadership in Supervision: Perspectives in Thinking (Fri & Sat/8-4:30 16 Hours

Presenter: VDFP Instructors School No: 511-19017

This two-day course provides the supervisor with the conceptual foundation and framework for success in leadership roles by exploring creative, analytical, political and critical thinking perspectives. The course addresses skills needed for assessing situations from multiple perspectives, making critical decisions, fostering creativity and innovation, and using persuasion.

## VSFA 2018 Conference Training Programs - August 1-4, 2018

# Are You Ready For the Firefighter Cardiac Arrest? (Fri/8-10:00) 2 Hours

Presenter: Robert Owens School No: 513-19013

It is widely known in the fire service and in the world that the number 1 killer of persons are medical emergencies, most specifically cardio vascular emergencies. This class focuses on prevention, cardiovascular care, rehab/ post incident recognition, and the associated resources (manpower, tools, equipment, etc.) involved.

## Finding the Dollars

(Thurs/1:0-2:30) (Fri/10:30-12:0) 1.5 Hours

Presenter: Gene Reams School No: 513-19011

The objectives of this session are to create awareness of important funding areas, which include steps to obtaining your IRS 501 (c) 3 designations, grantor searches, establishing a grant writing team, tips for writing a winning grant proposal, grantor recognition and managing the grant awards

# Training & Technology: A Loving Marriage (Fri/10:30-12:00) (Sat/8-10:00) 1.5 Hours

Presenter: Andrew Stewart School No: 513-19010

With the development of technology and the advent of the Internet; educational avenues are more readily available to educators and students than ever before. However just as easy as they are to access, there is just as much ease to refute their existence. This course is designed to introduce the student to technology use in the classroom as an aid and not a massive take-over of the educator and their responsibilities. Objectives:

- -Review the advancement of technology.
- -Introduce flipped/hybrid classrooms
- -Introduce the virtual instructor-led classroom
- -Identify key tools that can be used successfully to enhance the learning environment.

## Top 10 Threats to Your Fire Department

(Fri/1-2:30) 1.5 Hours Presenter: Jerry Ozog School No: 513-19005

This presentation is designed for Board Members, Commissioners and Executive Leaders of emergency services organizations. This session will examine ten (10) essential elements within an organization. If one or more of those elements are not working well or are being ignored, a crisis that may threaten the organization's future will likely occur. An additional goal of the "Top 10 Threat to Your ESO" program is to present an introduction to promoting a proactive approach to overall organizational effectiveness. Learning Objectives

- Describe the ten current organizational dysfunctions that may jeopardize existence
- Describe the various governance documents
- List essential administrative polices
- List important operational guidelines
- Recognize the importance of having the right leaders in the right positions and that popularity does not lead to success
- Define effective communications within the department
- Understand how conflicts and factions can lead to dysfunction

# Traffic Incident Management (Thurs/1:00-4:30( (Fri/8-12:00) 4 Hours

**Presenter: Bubby Bish - VAVRS** 

School No: 513-19008

Established in 2013, the Virginia Statewide Traffic Incident Management Committee (STIM) serves the commonwealth by making sure state and local agencies are being safe, operating efficiently, and coordinating their efforts when dealing with traffic incidents on Virginia's roadways. The committee works with traffic incident management (TIM) groups of first responders throughout Virginia, and serves as a productive and efficient method of managing and coordinating the important issue of traffic safety. This site is to help visitors get to know us better, and provides a resource library and other information that enables the committee to maintain the increased level of communication between responder agencies across the commonwealth

# Taking action against Cancer in the Fire Service (Thurs/1:4:30) (Fri/8-12) 4 Hours

Presenter: Steve Weissman School No: 513-18003

This class is designed to raise awareness of the problem of cancer that we face in the fire service. You will also be presented with tips and techniques to reduce the risk of Firefighter Cancer. There are large amounts of data and scientific evidence to show the increase in risk to firefighters.

### VSFA Conference Training Programs August 1-4, 2018

## Drones in the Fire Service (Fri/1-4:30) 3.5 Hours

Presenter: Poquoson, York County, Hampton FD's

School No: 513-19022

This class will describe the process to start a team and what is involved. Part 107 rules vs. C.O.A., Some best practices, Equipment selection based on needs, and a demonstration. Attendees will benefit from seeing this from the perspective from a small, medium, and large team.

#### "It's Not the Fire That Will Burn You"

(Fri/1-2:30) 1.5 Hours

Presenter: William "Larry" Regula

School No: 513-19012

We train hard to handle all types of fire and EMS exposures. Unfortunately many departments learn that it is not always the external exposures that cause us the most danger. This course will cover items that we see causing organizations, just like yours, from around the country a lot of grief. We will discuss fire station safety, the importance of policies and procedures and working with your fellow firefighters to reduce your chances of getting burned.

#### Impact of Concussions on the Fire Service

(Fri/1-4:30) 3.5 Hours

**Presenter: Matt Blankenship** 

School No: 513-19009

Concussions are not just an NFL problem. Up to 4,000 firefighter head injuries are reported annually. A long forgotten blow to the head can be misdiagnosed as PTSD, ADHD, sleep disorders, depression, or even cause suicidal thoughts. Learn about signs, symptoms, myths, baseline/sideline testing, CTE, and the latest concussion guidelines for athletes. It's time for the fire service to treat concussions as an exposure.

## Rockstars versus Downers, the War to Win the Middle

(Fri/3-4:30) (Sat/ 8-10) 1.5 Hours

Presenter: Brad Clark School No: 513-19014

Leadership class about how most leaders spend most of their time on top and bottom tier employees. Meanwhile focus is lost on the largest group who don't fit the other 2 categories, the middle. They are waiting to be lead up, or down. Program will help people identify the different personalities and how to engage them. This will enable successful team building and lead to maximum efficiency of the company.

# Effective Organizational Governance and Board Member Responsibilities (Fri/3-4:30) 1.5 Hours

Presenter: Jerry Ozog School No: 513-19006

A great organization does not come by accident. Effective organizational governance leads to a solid performing ESO. This presentation will review organizational structures, governance documents such as legislation and bylaws, responsibilities of board members, and the relationship between the board and the chief executive. The presentation will also identify governance challenges and solutions that will guide an organization toward success. Learning Objectives The student will be able to:

- Describe effective board governance and organizational structure
- List key governing board responsibilities
- Identify roles of specific governing board officers
- Discuss important governance documents
- Discuss conflict of interest concerns as it relates to a governing board
- Identify essential governing board policies

#### Building & Maintaining Effective Relationships with Elective Officials

(Fri/8-10) 2 Hours Presenter: Jerry Ozog School No: 513-19004

All ESO's have to interact with government officials. Those officials, elected or appointed may hold tremendous power over the organization. Too many times an ESO's only communication with local government is at budget time or when a crisis occurs. Positive relationships with public officials are essential to providing the best possible service to your community. This session will identify why unclear expectations between public officials and leaders of ESO's can lead to problems. Solutions to those problems may be easier than expected. As they say, it's all about relationships.

#### Learning Objectives:

- Describe traditional methods of communication between officials and ESO's
- Describe individual responsibilities of local government and the ESO
- Identify problems that lead to poor relationships
- List the organizational differences that lead to misperceptions
- Recognize the differences and accountability in a chain of command
- Identify key questions for public officials

# **Training Courses - At a Glance**

VDPF – Rope Technician	WedSat. 8:00-4:30
NFPA – 1031 CEU Hours	Wed. & Thurs. 8:00-16:30
NFA - Leadership in Supervision: Creating Environments for Professional Growth	Wed. & Thurs. 8:00-4:30
Taking Action Against Cancer	Wed. 10:30-4:30
Firefighter I & II Train the Trainer	Thurs. 8:00-12:00
Incident Investigation	Thurs. 8:00-10:00
Firefighter Rehab	Thurs. 10:30-12:00
Finding the Dollars	Thurs. 1:00-2-30
Traffic incident Management (Va. Program)	Thurs. 1:00-4:30
Test & Skill Administration	Thurs. 1:00-4:30
Are You Ready For The Cardiac Arrest	Thurs. 3:00-4:30
Air Boats	Thurs. 1:00-4:30
VDFP Live Fire instructor Program (NFPA- 1403)	Fri. & Sat. 8:00-4:30
Building and Maintaining Effective Relationships w/Public Officials	Fri. 8:00-10:00
Are You Ready For The Cardiac Arrest (repeated)	Fri. 8:00-10:00
Traffic incident Management (Va. Program) (repeated)	Fri. 8:00-12:00
VAVRS -Farm Machinery	Fri Sat. 8:00-4:30
HTR - Machinery Rescue	Fri. Sat. 8:00-4:30
NFPA-33 CEU Hours	Fri. 8:00-4:30
NFA - Leadership in Supervisor: Prospectives in Thinking	Fri. & Sat. 8:00-4:30
Finding the Dollars (repeated)	Fri. 10:30-12:00
Training & Technology: A Loving Marriage	Fri. 10:30-12:00
Top 10 Threats to Your Fire Department	Fri. 1:00-2:30
"It's Not the Fire That Will Burn You"	Fri. 1:00-2:30
Impact of Concussions on the Fire Service	Fri. 1:00-4:30
Effective Organizational Governance & Board Member Responsibilities	Fri. 3:00-4:30
Rock stars versus Downers, the war to the middle	Fri. 3:00-4:30
Impact of Concussions on the Fire Service	Fri. 3:00-4:30
Drones	Fri. 1:00-4:30
Training & Technology: A Loving Marriage (repeated)	Sat. 8:00-10:00
Rock stars versus Downers, the war to the middle (repeated)	Sat. 8:00-10:00
VDFP Live Fire Instructor Program (1403) Cont'd	Sat. 8:00-4:30
NFA Leadership in Supervisor: Prospectives in Thinking – (continued)	Sat. 8:00-10:00
Farm Machinery (Cont'd)	Sat. 8:00-4:30
Rope Technician (Cont'd)	Sat. 8:00-4:30

Registration for the Conference closes in FSTRS on July 15, 2018