

First Responder Virginia

2019 Conference

Training Programs

**Wednesday, August 7, 2019 through
Saturday, August 10, 2019**

**Hampton Convention Center
Hampton, Virginia**



First Responder Va. Conference/Expo Information

VSFA & VAVRS have come together to host the Inaugural First Responder Virginia Conference in Hampton, VA, August 7-10, 2019 at the Hampton Roads Convention Center. This will be the 133rd Annual Conference/Expo for VSFA and the 85th convention for VAVRS. Registration fees for the Conference/Expo will be \$50.00 for adults.

The one time registration fee will allow you not only to attend the many functions and events being conducted at the conference, but unlimited training program attendance. Please take advantage of the opportunity and sign up for multiple programs as your schedule will allow.

Conference registration is required to attend training program. Register for the Conference at [First Responder Virginia](#) and then sign up for the training programs you wish to attend.

To register for the training programs you either need to register on line at <https://www.fstrs.virginia.gov> if you have an account with the Department of Fire Programs or submit your application by submitting the completed form by email to: Division5@vdfp.virginia.gov

The course registration form is available by following this link: [VDFP Student Application](#)

Questions regarding registration can be directed either to:

Larry Gwaltney at (757) 810-8335 or e-mail: lsgwaltney@cox.net

or

Chief Jeff Liebold at (540) 317-7674 or email:
jeffrey.liebold@vdfp.virginia.gov

Chief Doreen Mc Andrews at (757) 648-0393 or email:
Doreen.mcandrews@vdfp.virginia.gov

We look forward to seeing everyone at the conference in Hampton.

Registration for the Conference & Classes closes in FSTRS on July 15, 2019

2019 Conference Training Programs - August 7-10, 2019

VDFP – Surface Water Rescue

(Thurs-Sat/8-4:30) 24 Hours

Presenter: VDFP - HTR Instructors

School No: TBA

This 24 hour program is designed to introduce students to the basic principles of surface water rescue of victims in confined water or water whose movement is less than 1 knot. Students must demonstrate the ability to swim, float and tread water with and without the use of floatation aids. Students will receive training in managing water rescue incidents, planning the response, proper PPE selection, information gathering, reach and throw rescue techniques, boat assisted rescue and recovery techniques and personal survival/self-rescue skills. The student will also receive training in the techniques necessary to perform a "Go" rescue. Topics to be covered include water entry techniques, defensive rescuer tactics for stressed or panicked victims, and direct contact rescues.

NFA – Leadership in Supervision: Framework to Success

(Thurs & Fri/8:-00 – 4:30) 16 Hours

Presenter: VDFP Instructors

School No: 451-20022

This two-day course provides the supervisor with the knowledge and skills to perform successfully in the fire and Emergency Medical Services environments. The course addresses professionalism, resilience, emotional intelligence, and situational awareness, as well as managing conflict, delegating mentoring, coaching, empowering, and building collaboration and synergy for professional growth.

NFPA 1033 Con-Ed Hours

(Wed & Thurs/8-4:30) 16 Hours

Presenter: VFMA Instructors

School No: 581-20011 & 581-20012

VFMA Academy will provide Continuing Education hours for those members that need them for their investigator requirement.

NFPA 1031 Con-Ed Hours

(Fri/8-4:30) 8 Hours

Presenter: VFMA Instructors

School No: 581-20013

VFMA Academy will provide Continuing Education hours for those members that need them for their inspector requirement.

Mind Body & Soul "The Prepared Battle Ready Fire Ground Commander"

(Thurs/8-12:00) 3.0 Hours

Presenter: Allen Baldwin

School No: 453-20020

The importance of being physically and mentally fit along with the need for strong personal leadership skills and beliefs

Intersection Safety

(Fri/1:00-4:30) 3.0 Hours Presenter:

Russell Kough

School No: 453-20017

List EMS vehicle collision statistics
Identify components of the risk management process
Describe the importance of near-miss reporting
analyze a series of intersection incident case studies
Explain the best practices for emergency vehicle operations.

Financial Management for Volunteers

(Fri/8-12:00) 3 Hours

Presenter: Russell Kough - VFIS

School No: 453-20030

This course will specifically discuss the issues, concerns, and best practices related to the managing the financial systems of the fire department

VDFP – Firefighter I & II Train the Trainer

(Sat/8-12) 4 Hours Presenter:

VDFP Instructors

School No: 451-20014

Firefighter I / II Train the Trainer (TtT) program is the foundation for the entry level instructor and includes more administrative information than other TtTs. As you learned in your Instructor program, good record keeping and planning is vital to the success of all Fire Departments. We will stress recordkeeping and planning in this program.

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Lucky 13 Lessons or Luck of the New Leader

(Wed/1-4:30) 3 Hours

Presenter: Bobby Drake

School No: 453-20019

This series is focused on providing newly promoted officers / leaders with some "lessons learned."

The Lucky 13 will be thirteen lessons the author encountered during his first year as an Engine Company Lieutenant, while providing successes and challenges beyond the first year.

During the course the instructor will provide:

- Explanations of points
- Specific Examples
- Scenario based learning
- Student interaction to provide their responses and personal experiences.

Officer / leadership development is vital to all Fire and EMS organizations- regardless of career or volunteer. This course will provide a sense of normalcy to the feelings and emotions new leaders will face.

VDFP Live Fire Instructor Program (NFPA 1403)

(Fri & 8-4:30) 16 Hours

Presenter: VDFP

School No: 451-20005

This program is the update and/or provide those instructors that are going to conduct live fire training with the requirements of the NFPA standard, as well as the policies of VDFP. The program has been developed to replace the "VDFP Compliance Officer" program and will be required for all instructors.

Elevator/Escalator

(Thurs & Fri/8-4:30) 16 Hours

Presenter: Kevin Bartal

School No: 451-20011

Elevator Emergencies course is designed to provide the emergency provider with the knowledge, skills and abilities to response to elevator emergencies. It will show the provider how to safely remove people from malfunctioning elevators by providing them with a working knowledge of both traction and hydraulic elevators. The use of elevators during fire emergencies will also be discussed. The course consists of 6 hours classroom followed by hands on familiarization and expands into practical skills and applications.

Leadership - Leading from the Front – Patton Style

(Thurs/1-4:30) 3.5 Hours

Presenter: Allen Baldwin

School No:453-20018

A look at General George S. Patton's Leadership Style and Command Presence which made him one of Americas greatest military leaders and how we as Fire Officers and aspiring officers can learn from it.

The What & Why of Emergency Planning

(Fri/1-2:30) 1.5 Hours

Presenter: Byron Andrews

School No: 453-20029

This course provides an overview of five different events that fire and EMS can plan for and an understanding of why planning is important for all providers

Recruitment & Retention – Keeping the Best

(Fri/8-12) 3 Hours

Presenter: David Tesh & John Bianco

School No: 453-20024

Through this interactive Training attendees will walk away with tools to assess their retention issues and applications to address common volunteer Fire-EMS retention problems.

2019 Conference Training Programs – August 7-10, 2019

Electrical Safety for First Responders and the Dangers of PV Systems “Solar Electric Panels” (Fri & Sat/8-12:00) 4 Hours

Presenter: Randy Fisher

School No: 453-20009 & 453-20010

Course attendees will be able to Understand and Identify the hidden dangers of electricity on the emergency scene. Identify a victim of electric shock and methods of rescuing them from a charged area or contact release without becoming a victim.

Self rescue when you find yourself in a charged area.

Apparatus placement (fast attack and aerial) to avoid potential contact.

Dangers of other electrical sources supplying energy to structures. (Generators, Solar Panels)

Detection devices available to first responders.

PPE for use around electrical source

Isolation techniques.

Grant Writing (Repeated) (Fri/1:00-4:30) (Sat/8:00-12:00) 3 Hours

Presenter: Jill Gallagher

School No: 453-20015 & 453-20016

The objectives of this session are to create awareness of important funding areas, which include steps to obtaining your IRS 501 (c) 3 designations, grantor searches, establishing a grant writing team, tips for writing a winning grant proposal, grantor recognition and managing the grant awards

Social Media – Friend or Foe (Fri/1:00-2:30) 1.5 Hours

Presenter: Vanessa Copeland

School No: 451-20025

Social media can be a gold mine for organizations that want to engage with segmented and targeted audiences in real time. With seven out of ten adults in the U.S. using Facebook daily, it's hard to deny how commonplace social media has become. It is a vital tool for two-way communication.

This class will examine how organizations can formalize their social media use through processes and procedures, posting guidelines, and governance. If your organization uses social media but desires more control and protocols, or if your organization is new to the social media world, join us to help you establish a few rules of the road.

Apparatus Replacement (Wed 1-4:30) 3 Hours Presenter: Allen Baldwin School No: 453-20006

Studies, Replacement Schedules & Funding Lessons learned both good & bad.

Stress Inoculation “Are you ready for a Mayday?”

(Thurs 8-12:00) 3.5 Hours

Presenter: Bobby Drake

School No: 453-20026

In today's fire service there has been a cultural shift; and that's not always a bad thing. “Stress Inoculation Training – Are You Ready for a May Day” was created to show how training can be high intensity and “stressful” while not engaging the students in a demeaning or personal manner.

This course will show parallels with live Mayday transmissions and simulated training evolutions. Students will discuss and highlight through interactive facilitated discussion the similarities in the audio clips. Most importantly the students will learn what stress is, how it is created, and how we train to combat the physical and emotional battle known as stress.

Traffic Incident Management (Wed/1:00-4:30) (Thurs 8:00-12:00) 3.5 Hours

Presenter: Jim Stanek -

School No: 453-20027 & 453-20028

Established in 2013, the Virginia Statewide Traffic Incident Management Committee (STIM) serves the commonwealth by making sure state and local agencies are being safe, operating efficiently, and coordinating their efforts when dealing with traffic incidents on Virginia's roadways. The committee works with traffic incident management (TIM) groups of first responders throughout Virginia, and serves as a productive and efficient method of managing and coordinating the important issue of traffic safety. This site is to help visitors get to know us better, and provides a resource library and other information that enables the committee to maintain the increased level of communication between responder agencies across the commonwealth.

Conference Training Programs August 7-10, 2019

NFFF--Stress First Aid for Fire & EMS

(Sat/8:4:30) 8 Hours

Presenter:

School No: 451-20023

Stress First Aid for FF & EMS Stress First Aid (SFA) is a flexible set of tools used to care for stress reactions in firefighters and rescue personnel. Unlike other acute stress management procedures, SFA was designed specifically to support firefighters and rescue personnel. The goal of SFA is to restore health and readiness after a stress reaction. SFA is a toolkit that emphasizes the importance of continuously monitoring the stress of fire and rescue personnel and to quickly recognize and appropriately help individuals who are reacting to stress and are in need of interventions to promote healing. SFA monitors the progress of recovery to ensure a return to full-function. SFA fosters strong leadership and unit cohesion. SFA is individualized to meet the needs of each person in each context; there are no one-size-fits-all SFA solutions.

NFA--Best Practices for Community Risk Reduction

(Fri & Sat/8:00-4:30) 16 Hours

Presenter: Abbey Johnston

School No: 451-20021

Community Risk Reduction - This two-day course demonstrates to students nationally recognized principles that, when used appropriately, can lead to community risk-reduction programs that can measure success in local communities. This course will give students the opportunity to explore programs from communities across the United States that have been showcased at Vision 20/20 symposiums. These programs demonstrate what nationally recognized organizations identify as examples of "best practices" in community risk reduction.

Engine Search (Repeated)

(Thurs 1:00-4:30 Fri/8:00-12:00) 3 Hours

Presenter: Robert Owens

School No: 453-20012/ 453-20013

Life Safety is the fire services number one priority, typically accomplished by searching for victims of fire inside fire buildings. This is a high risk, high man power, and high intensity tactic that must be planned and coordinated. However, fire departments all over the country often are faced with the choice of either searching or fire suppression due to the lack of the aforementioned man power. Even in departments where man power is not an issue things happen, units get delayed and the first arriving engine is again faced with should they put the fire out or search for victims. This is a fools choice as both need to be accomplished in order to be successful. The best thing an engine company can do to save lives is to stretch a line and extinguish the fire, however this alone does not locate and remove victims. This class will detail plans for common residential structures for engine companies to execute in order to search them, & extinguish fire.

Firefighter/EMT Occupational

Cancer Awareness &

Prevention (Fri/3:00-4:30) 1.5

Hours Presenter: Joe Brown

School No: 453-20007

Cancer is the most dangerous threat to firefighter health and safety today. Since 2005, the nonprofit Firefighter Cancer Support Network has provided assistance and one-on-one mentoring to thousands of cancer-stricken firefighters and their families. Today, FCSN's key supporters and partners include the International Association of Fire Fighters (IAFF), the International Association of Fire Chiefs (IAFC), the National Volunteer Fire Council (NVFC), Firefighter Close Calls (FFCC), the National Fallen Firefighters Foundation (NFFF) and many other respected fire-service organizations.

This presentation will provide you with a large amount of data and scientific evidence to show the increase in risk to firefighters. It will describe the most prominent types of cancer that affect fire fighters, identify the top carcinogens in the firefighting environment, review the major routes of exposure to carcinogens for fire fighters and provide behavioral changes that can reduce the risk of developing cancer.

Shakers Forum

(Fri/1-4:30) 3 Hours

Presenter: Walt Bailey

School No: 453-20008

Volunteer Fire Chiefs to discuss and answer questions about what works for today's volunteer fire service, how to get help with guidelines and procedures.

VDFP Man & Machinery

(Fri & Sat/8-4:30) 16 Hours

Presenter: VDFP HTR Instructors

School No: TBA

This 16 hour program includes classroom and practical training in common machinery anatomy, systematic approach to machinery rescue incidents, common machinery stabilization, incident hazard isolation, access and egress of common machinery, disentanglement of victims, the packaging and removal of victims, and operating as a member of a rescue team and directing rescue operations.

Training Courses - At a Glance

NFPA – 1033 CEU Hours	Wed. & Thurs. 8:00-16:30
Traffic Incident Management System (TIMS)	Wed. 1:00-4:30
Apparatus Replacement	Wed. 1:00-4:30
Lucky 13- Lessons or Luck of the New Leader	Wed. 1:00-4:30
VDPF – Surface Water Rescue Thurs-Sat	Thurs.-Sat. 8:00-4:30
NFA – Leadership in Supervision - Framework for Success	Thurs. & Fri. 8:00-4:30
Elevator/Escalator Rescue	Thurs. & Fri. 8:00-4:30
Traffic incident Management System (repeated)	Thurs. 8:00-12:00
Mind Body & Soul –The Prepared Battle Ready Fire Ground Officer	Thurs. 8:00-12:00
Stress Inoculation –“Are You Ready for a Mayday?”	Thurs. 8:00-12:00
Leadership - Leading from the Front – Patton Style	Thurs. 1:00-4:30
Engine Search	Thurs. 1:00-4:30
NFA – Best Practices for Community Risk Reduction	Fri. & Sat. 8:00-4:30
VDFP – Man & Machinery Rescue	Fri. & Sat. 8:00-4:30
VDFP Live Fire instructor Program (NFPA- 1403)	Fri. 8:00-4:30
VDFP-NFPA – 1031 CEU Hours	Fri. 8:00- 4:30
Elevator/Escalator Rescue (continued)	Fri. 8:00-4:30
Traffic incident Management System (repeated)	Fri. 8:00-12:00
Recruitment & Retention – “Keeping the Best”	Fri. 8:00-12:00
Vol. Financial Management	Fri. 8:00-12:00
Electrical Solar Energy Safety	Fri. 8:00-12:00
Engine Search (repeated)	Fri. 8:00-12:00
The What and Why of Emergency Planning	Fri. 1:00-2:30
Social Media – Friend or Foe?	Fri. 1:00-2:30
Intersection Safety	Fri. 1:00-4:30
Shakers Forum	Fri. 1:00-4:30
Grant Writing	Fri. 1:00-4:30
Firefighter/EMT Occupational Cancer Awareness and Prevention	Fri. 3:00-4:30
Grant Writing (repeated)	Sat. 8:00-12:00
Electrical Solar Energy safety (repeated)	Sat. 8:00-12:00
VDFP Live Fire Instructor Program (NFPA 1403) Cont’d	Sat. 8:00-4:30
NFFF - Stress First Aid for Fire & EMS	Sat. 8:00-4:30
FF I & II Train the Trainer	Sat. 8:00-4:30
Man & Machinery	In Field
NFA -Community Risk Reduction Cont’d	Sat. 8:00-4:30

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